



# Cults Academy Weekly Update



Friday 14<sup>th</sup> March 2025

## Football Success

Congratulations to Calum R and Daniel D who both had the amazing opportunity to represent the National Development Team (U16) in Salou, Spain. The trip was four days filled with intense training sessions and valuable experiences. During their time there, they played against two pro academy teams. In the first game, Scotland secured an impressive 3-0 victory! Although they took the lead in the second game, they unfortunately lost 3-1. However, their performance was commendable, and they showed great skill and determination. Their coaches were full of praise, saying the players were an absolute credit to themselves, their clubs, and their parents.

## North District Age Group Swimming Championships March 2025

Last weekend the North District Age Group Swimming Championships concluded at Aberdeen Sports Village with an intense 20 hours of competition. 21 students participated across a huge variety of events from 800 FS to 50m sprints and relay events. There were some fantastic swims with 26 top ten finishes and many personal best times. Well done to: Ethan C, Abbie C, George H, Daniel M, Glen W, Josh N, Lewis H, Michael G, Alanah R, Jasmine R, Lorelai J, Pranavi R, Lani M, Ava H, Megan H, Blair D, Robbie C, Eve P, Cameron J, Orla H and Tim V. Further congratulations to the students who gained medals:

- Michael G: Bronze 14-15 years 100m Breaststroke
- Daniel M: Bronze 11-13 years 200m Butterfly and 400m Freestyle
- Jasmine R: Bronze 15+ 200 Medley Relay
- Pranavi R: Silver 11-14 years 200m Medley Relay
- Abbie C: Silver 11-14 years 200m Medley Relay

## S1 Football Final – Good Luck!

With their 5-1 semi-final victory over Ellon Academy, our S1 football team are through to the North East of Scotland Esso Trophy Final. Schools from Aberdeen City and Aberdeenshire compete for this Cup, so reaching the final is a huge achievement in itself. They will play against Westhill Academy on Monday 17<sup>th</sup> March (4.15pm ko) at Balmoral Stadium (Cove Rangers' ground).



## Neurodiversity Celebration Week



Neurodiversity Celebration Week is starting on Monday 17th March, and we are thrilled to join in recognising and celebrating the fact that everyone at Cults Academy thinks, moves, and communicates in different ways. This week is a fantastic opportunity for us all to learn more about neurodivergent profiles such as Dyslexia, Dyspraxia, Autism, and ADHD, and to consider how we can adapt our environments and communication to support everyone's experiences.

At Cults Academy, we take great pride in our diverse community of young people and staff. To honour this, we have recently installed our Neurodiversity Umbrellas in the courtyard, featuring five vibrant colours. These umbrellas serve as a reminder that at least one in five people are neurodivergent, and we all live our lives in unique, colourful ways. For more information about the Umbrella project please visit: <https://www.adhdfoundation.org.uk/>. Thank you to the members of our school community who kindly sponsored the cost of an umbrella. Without your generosity and support we would have been unable to be involved in this project.

For parents who would like to learn more about neurodiversity, we highly recommend the Neurodiversity Celebration Week events being delivered next week. These webinars cover a variety of topics that may be of interest, where you can find more information at the following link: <https://www.neurodiversityweek.com/events>

### *Umbrella Project Sponsors*



Shona Close  
Marcus Laverty  
The Miller Family  
Neil Donald  
Ogorman Family  
Fiona Broadribb  
Angela Munro  
Phyte Club  
Paula Robertson  
Trevor Anderson  
The Wallace Family  
Emily Campbell  
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Special Yoga  
Katie Simpson  
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Nicola McGeown  
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Kemi Okunola  
Anonymous  
Sonya Angus The Unique Boutique  
Liz Stewart -Stronachs  
Darulbayan  
Tidewater Marine  
HellMann  
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## Coffee Morning

Our S6 Pupils would like to invite you to a coffee morning at Cults Academy on Saturday the 22nd March from 10am – 12.30pm. Money raised at this event will be split between school funds and also the Brain Tumour Charity: Dino-Mite Dougal Fund. We hope you can pop along for a brief tea/coffee or cake a fortnight on Saturday. All are welcome!

Our S6 pupils are also in the process of setting up a 'swap shop' for Uniform and Revision Guides. If you have any old uniform or revision guides that are in a condition where they can be re-used, we would gladly accept donations.

THE BRAIN TUMOUR CHARITY

**CULTS ACADEMY  
COFFEE  
MORNING**

EVERYONE IS WELCOME TO SIT IN AND HAVE A COFFEE AND CAKE WITH US! THERE WILL ALSO BE A CHOCOLATE TOMBOLA

**ENTRANCE FEE - DONATION ON ARRIVAL  
FOR THE DINO-MITE DOUGAL FUND**

**22.03.25 • 10.00-12.30**

Cults Academy,  
Quarry Rd, Cults, Aberdeen AB15 9TP

WE WILL ALSO BE SETTING UP A SWAPSHOP FOR ANY OLD UNIFORMS AND REVISION MATERIALS THAT HAVE BEEN DONATED BY THE PUPILS.

## Scottish Bird Camp 2025

The Scottish Ornithologists' Club and British Trust for Ornithology have just opened applications for young nature enthusiasts, ages 10 - 16 years, to apply to take part in the Scottish Bird Camp 2025 - a fully-funded weekend at the end of May, in East Lothian - learning about Scotland's birds among like-minded others. There will be a varied programme of activities across the weekend which, depending on the weather, may include a seabird boat trip, ringing demo, nature reserve visit, nest finding and learning to identify bird songs and calls. The deadline for applications is Sunday 30 March 2025 at 5pm. You can find out all about this year's opportunity on their [website](#). This is a [link](#) to last year's Camp to learn more about what the children got up to.

## Book a study space during the Easter Holiday

Many young people find studying at home challenging. During the holidays, Cults Academy will be open Tuesday to Thursday each week from 9.30am-1.30pm as a study space. This will hopefully help young people who find it difficult to stay in routine and/or study at home. **No subject specific revision classes are being provided.** Young people will have access to the library and a Chromebook or computer if required, to complete independent study. Please book a space using this [form](#) (you must be signed into google using a pupil account to access). Spaces are limited and once capacity is reached, the form will close. **It is important to note that a lot of building/maintenance work is taking place in the school during the holiday so access will be strictly limited to the library or allocated classroom.**



## S4-S6 Study Leave

Our Senior Pupils are very busy preparing for SQA Exams which start on Friday 25<sup>th</sup> April. Study Leave for S4, S5 and S6 pupils will begin on Thursday 24<sup>th</sup> April.

## London Marathon for the Scottish Huntington's Association

On April 27th this year, Mr Milne (Pupil Support teacher for Cairn House) will be running the London Marathon in aid of the Scottish Huntington's Association. This will be Mr Milne's first and, he says, very much last marathon! He has decided to support this charity as one of his former pupils is living with the disease and he would like to help fight it through raising both money and awareness. Any donations would be gratefully received by the charity and will help motivate Mr Milne in his training and for the marathon itself - please follow this [link](#) to donate.

**Well done to all of the pupils who represented Cults Academy in sports fixtures this week.**



## Fixture Results @ Cults Academy



S2 Girls Hockey		08/03/25	North District S2 Tournament	4th Place
Senior Basketball		10/03/25	v RGC	Win
S2 Netball		10/03/25	v Westhill Academy	Loss
S2 Football		11/03/25	v Lochside Academy	Loss
Junior Netball		11/03/25	v Bucksburn Academy	Draw
Senior Netball		11/03/25	v Bucksburn Academy	Loss
Senior Basketball		12/03/25	v Hazelhead Academy	Win
S1 Football		12/03/25	v Ellon Academy	Win
S3 Netball		13/03/25	ASSA S3 A Tournament	Various





# Spring Concert

**Thursday 27th March  
7pm Cults Academy Hall**

Tickets available from:  
[www.ticketsource.co.uk/cults-academy](http://www.ticketsource.co.uk/cults-academy)



We are excited to invite members of our school community to our Spring Concert. Tickets can be booked via the QR Code above or this link:

[www.ticketsource.co.uk/cults-academy](http://www.ticketsource.co.uk/cults-academy)



# Cults ASG



## Internet Safety Talk for Parents



Wednesday 23/4/25  
7 - 8pm



Cults Primary School, Cults. AB15 9RG



Join us to hear from Internet Safety specialist, Paul Hay.

Spaces are limited - BOOK NOW to avoid disappointment

<http://bit.ly/4i4BPMY> or



*Above all it will give you as parents and carers the confidence to help your child get the most benefit and enjoyment from the Internet while keeping safe.*

Topics will be discussed in language we as parents understand.  
No technical or computer knowledge is required or expected.

YOUNG PEOPLE AT THE

**HEART** 

OF ALL THAT WE DO