



Revision

Useful resources and tips

Maisie Aspinall & Loris Giuliani - Learning & Teaching Captains

Consider which type of learner you are..

- Visual learner
 - Prefer seeing the information in a **poster**/diagram/mind-map/**post-it notes** on the wall with key info
 - Auditory learner
 - Reading aloud/**explaining** things to yourself or others
 - Reading and writing
 - **Note taking**/writing out notes/learn from presentations/textbooks
 - Kinesthetic
 - **Hands on learning**/making and designing things/listen to revision whilst exercising
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Useful Resources

General Websites

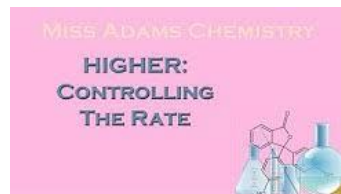
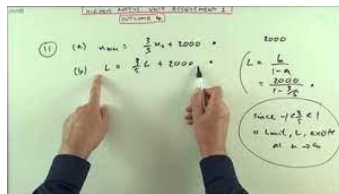
BBC Bitesize - doesn't have every topic but useful for what is there

Scholar - login with SCN , has been updated recently

BrightRed Digital Zone - every subject, each with summaries, tests and other useful information

Mr Mordente's maths website!

YouTube



YouTube can often have people explaining past papers, for example:

DLBmaths on YouTube has **worked answers for most past papers** for Maths

Miss Adams Chemistry goes through all chemistry topics in detail with worked questions

The Learning Cauldron has great analysis of the **Norman MacCaig Poems** (for Higher English)

Explainitagain good explanations about how to answer RUAE and scottish text

Past Papers


JAB chem have all the past papers from 2001 with answers for chemistry

- Use specimen papers/model papers
- Use other websites other than the SQA as they may have more papers
- If you use them all- try them again! Chances are you've forgotten the answers and exam techniques for questions if you've just done them once.
- Best way to revise for exams :)






SQA Past Papers - Old AH

Year	Past Paper	JABchem Marking Scheme	SQA Marking Scheme
2015	2015 Past Paper	JABchem Solutions	SQA Solutions
2014	2014 Past Paper	JABchem Solutions	SQA Solutions
2013	2013 Past Paper	JABchem Solutions	SQA Solutions
2012	2012 Past Paper	JABchem Solutions	SQA Solutions
2011	2011 Past Paper	JABchem Solutions	SQA Solutions
2010	2010 Past Paper	JABchem Solutions	SQA Solutions
2009	2009 Past Paper	JABchem Solutions	SQA Solutions
2008	2008 Past Paper	JABchem Solutions	SQA Solutions
2007	2007 Past Paper	JABchem Solutions	SQA Solutions
2006	2006 Past Paper	JABchem Solutions	SQA Solutions



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About Leckie

Leckie offers a range of school classroom resources and revision

Study Guide Discounts with a Young Scot Card

Available through [young.scot](#). Discounts also available for places like Vue or Scotrail, it's worth a look.

Useful Applications

Quizlet & Anki - Flashcard Apps

Quizlet - <https://quizlet.com/>

Available on the web, iOS and Android for free

Make your own or find online - I've found a larger selection of SQA flashcards than Anki

More methods of revision than Anki including some games

Easy to use

Anki - <https://apps.ankiweb.net/>

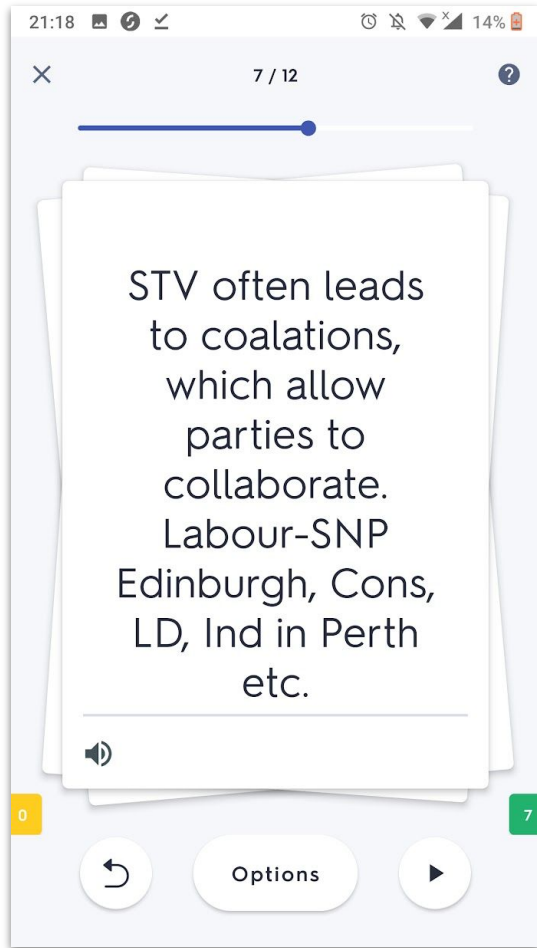
Available on PC and Android for free

Make your own or find online

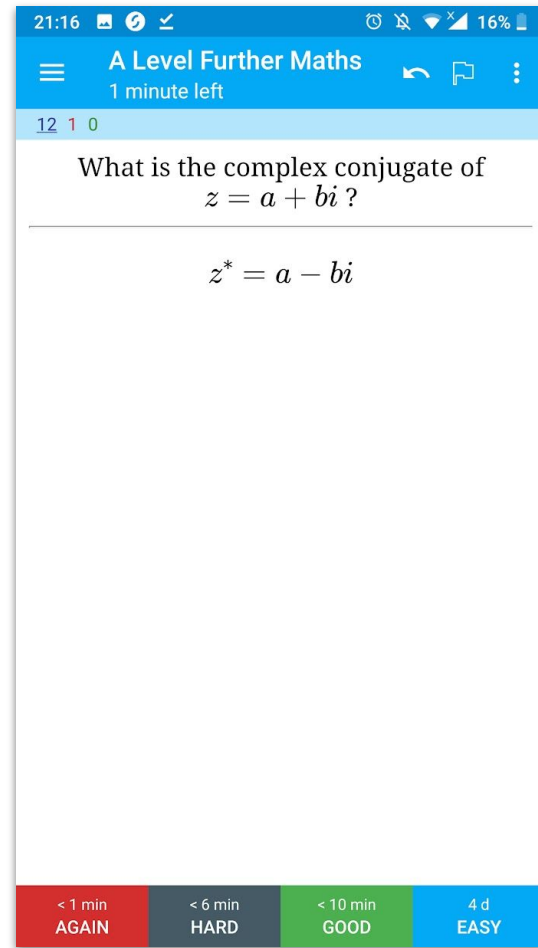
Regarded as better than Quizlet for memory

Only flashcards but very powerful

Able to download



Quizlet



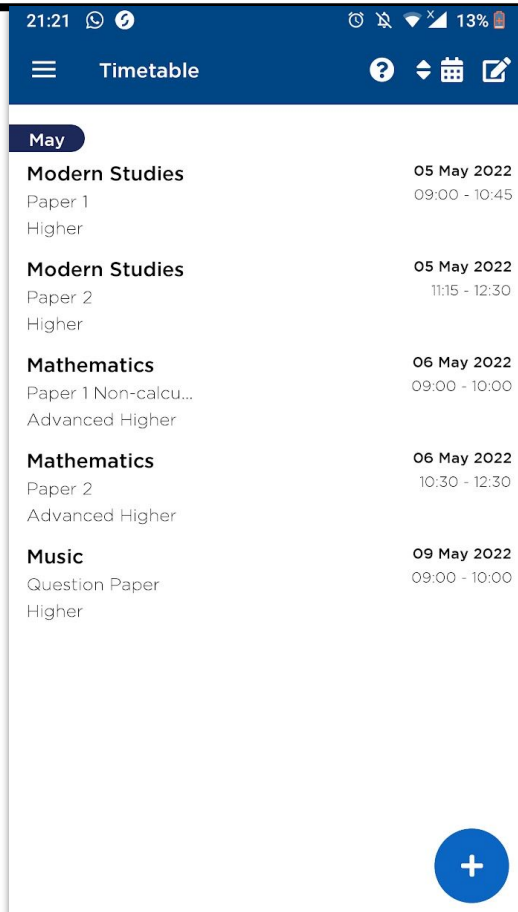
Anki

MySQA

Official SQA App

Generates an exam timetable

Has useful information like Past Papers, guidance for sitting exams



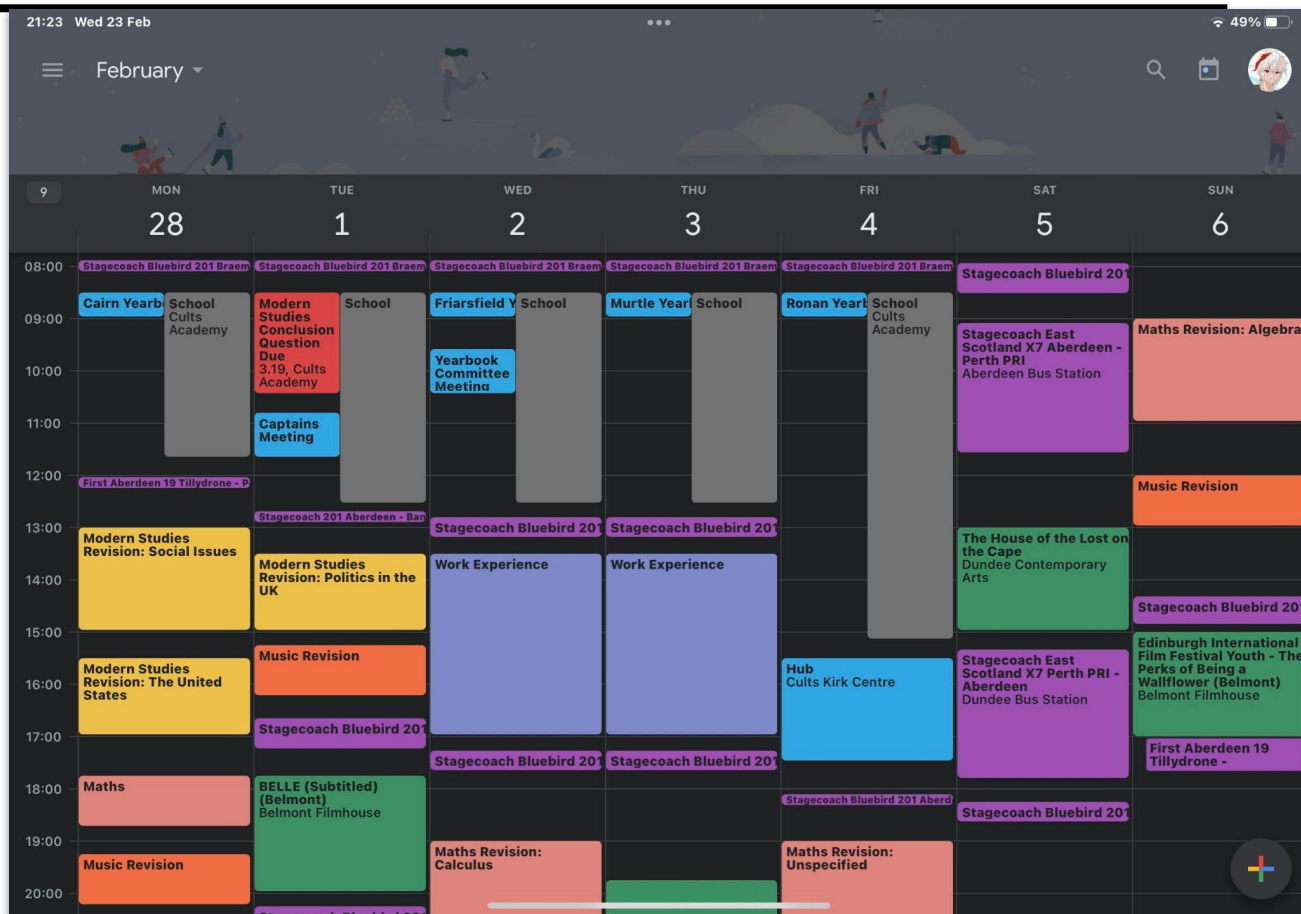
Google Calendar

Syncs with Classroom for deadlines

Can assign colours to events

Invite other students to events & create Google Meets directly

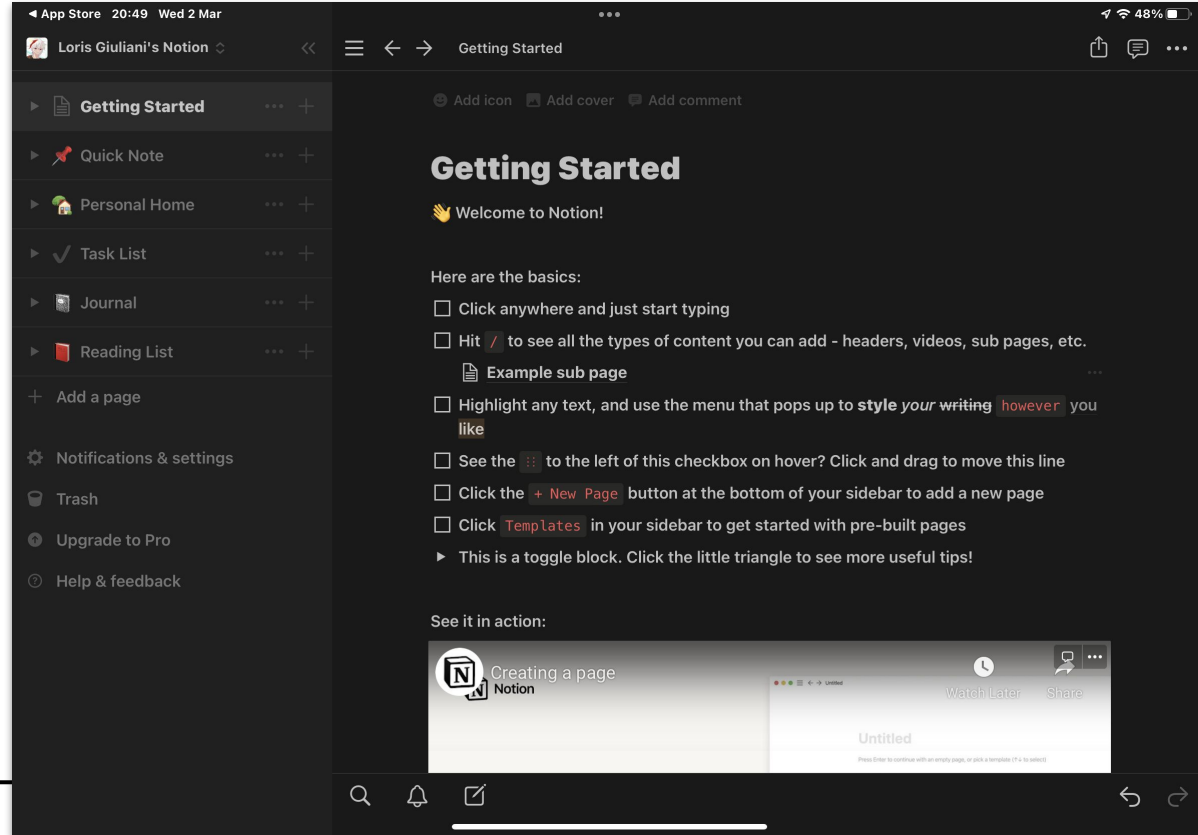
Set reminders for study & recurring events



Notion - www.notion.so

Free for one user

Helps you plan, make to do lists, schedules, coordinate deadlines



Revision techniques

Planning & Prioritising

Make a plan! Even if it's just a rough outline

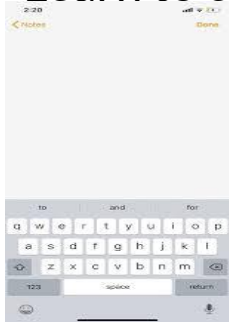
Try to..

Break down the course into units and topics

Identify the areas you struggle with and start there

Learn to course material and then test yourself with past papers

try diaries and to do lists to
stay ahead of deadlines



Effective revision

- Give yourself plenty of time! Much, much better to overestimate than underestimate
- Make daily schedules
- Plan in breaks - research suggests your brain works best revising for 20 mins at a time with short breaks
- Plan in time to unwind - your brain can't learn effectively if it's overloaded. You'll need time to unwind and process what you've learnt.

[illegible]

DAILY ACTIVITY SCHEDULE

TIME	ACTIVITIES
6:00 AM	
7:00 AM	
8:00 AM	
9:00 AM	
10:00 AM	
11:00 AM	
12:00 PM	
1:00 PM	
2:00 PM	
3:00 PM	
4:00 PM	
5:00 PM	
6:00 PM	

© 2014 by Linda Ward Beech, PhD. This schedule is shared courtesy of your friends at www.1000booksabook.org

Active vs Passive revision



- Passive revision eg reading/highlighting/writing out notes
- Gets you familiar with content
- Time consuming
- Absorb little information
- Try a 'brain dump' or questions to consolidate
- Try putting information into your own words/summaries

Reading information by itself is little help when revising.



TODAY YOU WILL COMPLETE A **BRAIN DUMP**

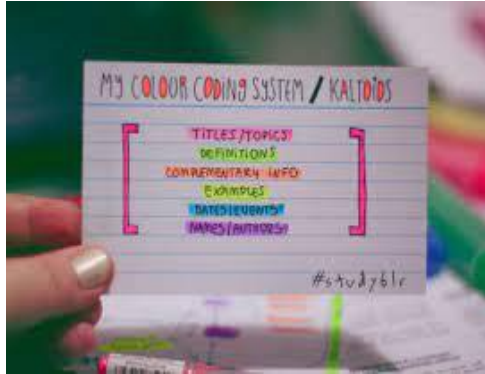
A BRAIN DUMP is when you write down EVERYTHING you can remember about a topic. When your brain struggles to remember something, you actually remember BETTER the next time!

- **The first 30 seconds you will write things you easily remember.**
- **Then you stretch your brain for one minute and think hard to remember more.**
- **Lastly, you will peak at classmates' BRAIN DUMPs and write down more things you remember for 2 minutes**

This is a way to see what you know well and then help your brain stretch so you remember more after the BRAIN DUMP than you did before!

Learn more on the next slide!

Colour Coding + Dual Imaging



Your brain stores information as words or images so try to use both in your revision

Eg diagrams, storyboards, posters

Colour coding helps you organise information in your head and makes you pay more attention to your notes

Group study

- Studying with others and teaching them content can be a useful way to revise
- Can share notes with friends
- Potentially more fun than studying with others
- Easy to get distracted



Study Leave

Staying focused

- Put your phone away :(
 - Your phone is a distraction and can reduce productivity by 20% (even if it's turned off, face down or on silent)
-

Staying focused

- Music can be helpful as it motivates you through long study sessions and boosts your mood, however..
- Music that you LOVE or HATE or has LYRICS is generally very distracting
- Keep the volume LOW
- Music with ADVERTS will interrupt concentration
- Avoid NEW music (you'll end up learning your next favourite song instead of your french, probably)





Look after yourself!



Your wellbeing is the most important thing

Good wellbeing will result in better exam results

Thought is an energy intensive process!

Make sure you eat your breakfast

Keep nutritious snacks and water nearby to fuel your brain

Aim for 8-10 hours sleep to improve concentration, mood and memory



On the day of the exams

Get lots of sleep the night before

Plan redundancy - if you are taking the bus get one a while earlier than you usually would (my rule is 2 19s or 1 201 earlier)

Take a bottle of water & ensure you have **several** pens

Don't take **anything** into the exam room that you do not need

Personalised timetables (inc. AAA & adjusted times) released week beginning **18th April** - dates already available on SQA website



Good luck

Hope this is helpful

Remember this is a guide and different revision works for different people!

Good luck for exams when they come around!

Always ask for help if you need it :)
