

# Cults Academy

## Weekly Update



Issue 2.4

Tuesday 10 September 2019

### Golfing Success

Well done to Owen Boylan in S2 who was a part of the Peterculter team competing in the Scottish Junior Golf Sixes over the weekend at Muckhart Golf Club. Sixteen regional qualifying teams from across Scotland compete in this event and Owen's team finished 4<sup>th</sup> overall!

### Hockey Success

Congratulations to three Cults Academy hockey players who have been selected for the North District U16s to play in Edinburgh on the weekend of 14/15 September, in an inter-district tournament - Bethany Kozak, Lucy Turner and Jess Freeland.

### Scottish Chamber Orchestra

On Wednesday 4 September The Expressive Arts Faculty were delighted to welcome musicians from the Scottish Chamber Orchestra who were delivering a composing workshop with senior pupils studying Higher and Advanced Higher Music. The pupils learned about various compositional techniques used by Scottish composer, James MacMillan in his piece "Tryst". Throughout the day the class worked hard together to compose their own piece of music which they performed at the end of the day. Members of the orchestra held an insightful question and answer session and shared their experiences of life working and touring in a professional orchestra. This was an engaging workshop that encouraged everyone to be adventurous and creative. The techniques explored will stand pupils in good stead as they start composing their own pieces as part of the Higher and Advanced Higher course. We look forward to working with the SCO again in the future.



### S4 - Dee Bleakley Visit

All of our S4 pupils had the privilege of working with Dee Bleakley, a motivational speaker and teacher, on Wednesday 4 and Thursday 5 September. He worked with them on resilience and on the development of a 'growth mindset' as opposed to a 'fixed mindset' to help them through an important school year. The parents' evening session on Wednesday, was both well attended and very highly evaluated.



### Sponsored Walk

The school will be holding a sponsored walk to Duthie Park and back on Thursday 19 September. Information has been issued and assemblies this week are focusing on hopes and expectations for the day. Let's see how much money we can raise!

### Scottish Night

Well done to several of our pupils who performed at a Scottish Night held on Friday 6 September at Cults Academy as part of the MBC Festival.



### Spree Fundraising

Cults Academy has regularly worked in partnership with Spree Publications to raise funds for pupil activities. Due to the forthcoming Sponsored Walk we will not be putting home Spree Books to every family. However, Spree Books are able to be purchased from the school office at a cost of £20. The school receives a minimum of £4 for every book sold. There is the option of purchasing a book or a Spree App. Please contact main school office to purchase/place order.

### Developing the Young Workforce

As part of the Developing the Young Workforce initiative, Cults Academy are pleased to showcase a variety of career opportunities and link the skills-based education happening in school to real life experiences. This month we will be welcoming

NESCOL and Shell as all of our S2 pupils embark on an energy challenge. Pupils will compete to solve an energy related problem and will ultimately represent the school in a regional competition. Additionally, a range of industry professionals will be meeting our S5 pupils to showcase a variety of pathways into different employment sectors such as the Digital/Creative Industry, Finance and Automotive. Skills Development Scotland will also be coming to school to train a number of S2-S6 pupils to become My World of Work Ambassadors. My World of Work is a website designed to assist future planning and career education [www.myworldofwork.co.uk](http://www.myworldofwork.co.uk). To help stay up to date with the latest DYW news, follow @CultsAcadDYW on Twitter.



## Apple AirDrop – Parental Information

AirDrop is a facility on Apple devices which allows you to wirelessly send documents, photos, videos, websites, map locations, and more to a nearby iPhone, iPad, iPod touch, or Mac. Other brands of phones have similar services that enable wireless transfer of information. Wireless transfer services can be a very convenient feature which can be used to good effect. However, it is important that young people check their settings and ensures they can receive from contacts only. They may even wish to turn receiving off completely. Otherwise, they may receive unwanted photos or videos from anyone. Please support your young people to use this technology safely and sensibly.

To update settings on an Apple iPhone, go to SETTINGS – GENERAL – AIRDOP and click “Contacts Only” or “Receiving Off”.

## Oxfam - Donate CDs and DVDs

Cults Academy is collecting CDs and DVDs on behalf of the Oxfam Books and Music shop on Back Wynd in Aberdeen. A box will be placed at Cults Academy Reception until Friday, 4th October. We would be very grateful for all donations. If you are signed up for Oxfam Gift Aid, please could you tag your bag with your number? Thank you. The sale of 4 CDs could provide safe water for a family of four. 5DVDs could educate a child.



## Stand Up to Bullying

On Wednesday 4 September, the Aberdeen International School hosted an event on “Stand Up to Bullying” with Anti-Bullying Ambassador training from The Diana Award. 10 pupils from Cults Academy from S1 to S4, accompanied by Mrs Angus and Miss Corbett, attended the training event. The pupils engaged extremely well and were commended by the trainers for their enthusiasm throughout the event. Now back in school having earned their Anti Bullying Ambassador certificates and badges, our Anti Bullying Ambassadors will work together to implement some of the anti-bullying strategies they



learned in their training. They will keep in regular contact with their trainer from the Diana Award, providing evidence of their work in order to earn all remaining Diana Award badges on: Respect; Community Action; Wellbeing; and Online Safety. Please follow this link to see the types of activities the pupils will be undertaking to earn all of their badges. <https://www.antibullyingpro.com/earnyourbadges>

## Community Event

In last week’s Update, we highlighted the Community Event being held on Tuesday 17 September 7.00pm - 9.00pm at Hillside Community Church in Cults to offer advice and support to parents who may be worried about issues such as drugs, alcohol and cyberbullying. The organisers would like to be able to estimate the numbers who may attend and therefore ask those who want to come along to register in advance. You can do this by following this link:

<https://www.eventbrite.co.uk/e/lower-deeside-working-together-for-the-youth-in-our-community-tickets-69988041115?aff=ebdssbeac>

## Library Big Quiz

On Friday 6 September, we held this session’s first inter house Library Big Quiz of the Month led by two of our library assistants. There was a great turnout for the quiz, with the theme of ‘The Natural World’. Important House points to be won!

